

Department of Physiology

1. Name: **DR. KAUSHAL KUMAR ALAM**

Designation: Assistant Professor

Degrees: MBBS, MD

Department: Physiology

Areas of interest: Spirituality



2. Education and Trainings:

| SL No | Degree | Institution | Place | Period |
|-------|-----------------|--|-------|--------------------------|
| 1 | MBBS | Maulana Azad Medical College | Delhi | 31-07-2000 to 31-10-2006 |
| 2 | MD (Physiology) | University College of Medical Sciences | Delhi | 31-05-2007 to 12-10-2010 |

3. Experience:

| SL No | Post | Institute | Period From-To |
|-------|---------------------|---|--------------------------|
| 1 | Senior Resident | Maulana Azad Medical College, Delhi | 28-06-2011 to 17-01-2015 |
| 2 | Assistant Professor | Andaman and Nicobar Islands Institute of Medical Sciences, Port Blair | 27-01-2015 to 25-10-2019 |
| 3 | Associate Professor | Zoram Medical College, Aizawl | 04-11-2019 to 28-02-2021 |
| 4 | Assistant Professor | University College of Medical Sciences | 06-03-2021 till date |

4. Assignments in Academic associations: Nil

5. Awards and Honours: Nil

6. Projects: Nil

a. Ongoing

b. Completed

7. Publications

- **Alam KK** and Udayashankar Y. Stress-counteracting through yoga nidra. Scholar Journal of Applied Medical Sciences 2018; 6(12):4792-4796.
- **Alam KK** and Udayashankar Y. Poor school performance and auditory evoked potential – a review. Indian Journal Applied Research 2018;8(11):33-35.
- Khaliq F, **Alam KK**, Vaney N and Singh TB. Sensory, cognitive and motor assessment of children with poor academic performance: an auditory evoked potential study. Indian Journal of Physiology and Pharmacology 2010; 54(3):255-264.

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