

1. Personal details:

Name: ANITA GUPTA

Designation: CMO (SAG)

Degrees: MBBS, DGO, DNB

Department: COMMUNITY MEDICINE



Areas of interest: (max 3 bullets)

- NUTRITION - Maternal, Infant & Young child, Adolescent
- Counselling - Lactation & Management ,Family Planning ,HIV etc.
- Social work -for the needy & under privileged people

2. Education and Trainings: (in ascending order)

Degree	Institution	Place	Period
MBBS	JNMC, AMU	Aligarh	1976-1980
Internship	JNMC, AMU	Aligarh	1981
House Job	General Hospital	Chandigarh	1982(April-Oct)
House Job	Sent Stephen's Hosp	Delhi	1984
DGO	JNMC, AMU	Aligarh	1985
DNB	NBE	Delhi	2000

3. Experience: (in ascending order)

S. No	Post	Institute	Period From - To
1	LMO	UCMS	1989-1993
2	SMO	UCMS	1993-1999
3	CMO	UCMS	1999-2003
4	CMO(NFHS)	UCMS	2003-2009
5	CMO(SAG)	UCMS	2009 -till date

4. Assignments in Academic Associations

S. No	Nature of assignment	Association	Period From - To
1	Imparting Training on IYCF &	WHO/UNICEF/IBFAN/GOI/G	2004-2021

	counselling, MAA, RCH, IMNCI, IDSP, HIV, RNTCP, SABLA	NCTD/ NIPCCID/FNB/MOHFW/MW CD	
2.	<p>Preparation of technical material on Maternal Nutrition, Adolescent Nutrition, IYCF, HIV & feeding, Counselling & Breastfeeding in Covid-19.</p> <ol style="list-style-type: none"> 1. Infant and Young Child Feeding Counselling & Lactation Management Specialist: The 4 in 1 Training Course' 2. Modules for integration of MIYCN in Competency-Based Curriculum for undergraduate, faculty & service provider of medical college 3. Technical module - Practical Handbook on MN and BF practices. 4. MAA Modules Ministry of health 5. Essential Nutrition Practices & standardized counselling tools Flip Chart Book /Training Package on IYCF 6. Module for strengthening IYCF in IMNCI 7. Chapter on IYCF in 'Evidence Based Clinical Practice Guidelines' 8. As an Expert for consultation to Enhance IYCF practices through IGMSY. (2011). 9. To develop action plan for enhancing breastfeeding and complementary feeding in India 10. Workshop, on WHO growth standards in NRHM, ICDS & National Surveys by in 11th Plan. 	<p>BPNI/IBAWA/UNICEF/ MOHFW & GOI, NIPCCID(MOWCD), FOGSI, NNF/NACO/NGO's (Alive & thrive etc)</p> <p>BPNI/IFWABA/UNICEF</p> <p>Alive & thrive</p> <p>FOGSI & ISOPARB</p> <p>GOI</p> <p>UNICEF Bhopal</p> <p>WHO & UNICEFF</p> <p>NNF</p> <p>Planning Commission, GOI.</p> <p>MOHFW & MWCD with UNICEFF & WHO</p>	<p>2004-2021 (till date)</p> <p>2019-2021,</p> <p>2019</p> <p>2016</p> <p>2011</p> <p>2011- 2012</p> <p>2010</p> <p>2011</p> <p>2011</p>
3.	<p>E-line learning course On (MIYCN)</p> <p>E-line learning course On IYCF</p> <p>MIYCN training modules for medical college</p>	<p>IIPH-Delhi, PHFI, Alive & Thrive and WeCan</p> <p>NIPCCID</p> <p>IPE Global & Alive & Thrive-India), the Bill & Melinda Gates Foundation</p>	<p>2021</p> <p>2019</p> <p>2020-2021.</p>

4.	Pilot project to finalize New BFHI, Ten Steps, with MOHFW 2019.	WHO & UNICEF	2018
5.	Reviewer for research projects proposal.	ICMR	2015-2019
6.	as an expert on MIYCN +A & Poshan Abhiyan COVID & Breastfeeding	Akash Wani & DD News	
7.	Nodal Officer for Pulse Polio Immunization program GNCTD (2000 &2001 respectively)	GNCTD	2000 &2001

5. Awards and Honours

1. facilitated as Fellow of Indian Collage of Obstetrics & Gynecology (FICOG) (2020) & Faculty by ICOG on 2021.
2. Started a Community Connect Initiative on Google Meet under Department of Community Medicine. (2020)
3. **Attended international conference & presented paper in**
 - European Multiple Myeloma Academy meeting, Vienna, Austria. (2020) British Society for Haematology, ACC, Liverpool (2018)
 - Delivered a lecture on “Breast Feeding in Covid19 & Special Circumstances” in an international e-Conference by Mahadevananda Mahavidyalaya, West Bengal, (2020)
 - Delivered a lecture in “International Adolescent Health E-Conference” by FOGSI ,2020.
 - Invited as panellist in “FOGSI International Women’s Health Summit”, 2018
4. Invited by Akash Wani & DD News as an expert on MIYCN +A & Poshan Abhiyan COVID & Breastfeeding (‘Total Health’, ‘KIDS TIME’, ‘Vigyan Prasar ’etc) (2010 - till date)
5. Involved in Training & Research work of interns & postgraduate students of UCMS & GTBH & students of nightingale school (Nodal officer)of Nursing, GTBH .
6. **Organized Conferences/workshop on –**

- Reducing “Maternal Mortality and Morbidity in the Community” (2004) as Organizing Secretary
- Maternal Health Initiatives and Governance- Including Citizens' Partnerships” (2014) as Organizing Secretary
- Many International / National & Middle level, T-O-T’s or Specialists Trainings workshops on IYCF, HIV& Counselling (2006 till 2020)
- State level Nutrition and Health Education Workshops, & Symposium for ICDS Functionaries with FNB, MOWCD, GOI. (2006 to 2019)
- National Conference of MIYCN, “Poshancon 2020” October 2020

7. Technical adviser/Task Force in Developing & updating

- An eLearning Program on MIYCN by IIPH-Delhi, PHFI, Alive & Thrive and WeCan on (MIYCN) (2021)
- In Development of the online MIYCN training modules for medical college to a project of IPE Global & Alive & Thrive-India (2020-2021).
- An eLearning Program by NIPCCID on IYCF (2019).
- ‘Infant and Young Child Feeding Counselling & Lactation Management Specialist: The 4 in 1 Training Course’ by BPNI/IFWABA/UNICEF. (2004-2021)
- In Formulating “COVID -19 & Breastfeeding -an update” by BPNI for MOHFW, GOI. (2020)
- Technical module -FOGSI & ISOPARB Practical Handbook on MN and BF practices. (2019)
- Modules for integration of MIYCN in Competency-Based Curriculum for undergraduate, faculty & service provider of medical college, by Alive & Thrive. (2019-20), included in the NITI Aayog, GOI’s “Health & Nutrition - Practice Insights (Vol-II)”
- MAA Modules Ministry of health, GOI, (2016)
- Essential Nutrition Practices & standardized counselling tools Flip Chart Book /Training Package on IYCF by UNICEF Bhopal by UNICEF Bhopal. (2011)
- Module for strengthening IYCF in IMNCI by WHO & UNICEFF. (2011- 2012)
- Chapter on IYCF in ‘Evidence Based Clinical Practice Guidelines’ by NNF (2010)
- As an Expert for consultation to Enhance IYCF practices through IGMSY. (2011).
- To develop action plan for enhancing breastfeeding and complementary feeding in India by Planning Commission, GOI. (2011)
- Workshop, on WHO growth standards in NRHM, ICDS & National Surveys by MOHFW & MWCD with UNICEFF & WHO in 11th Plan. (2011)

8. Participated in Trainings as Course Director/ Co-Course Director /Master Trainer

International Trainings-

- First & second, International T-O-T training on IYCF Counselling (The 4 in 1 Training Course), as Course director & Co-Course Director respectively by BPNI/IBFAN Asia & UNICEF (2007)
- On “Nutrition and HIV/AIDS” in HIV&AIDS Consultants orientation, by WHO, India (2006).

- Nutrition & HIV Workshop by WHO & WFP. (2006).
- Inter Country Training on Nutritional Support for people living with HIV/AIDS by at Indonesia (Jakarta) (2005)
- WHO, T-O-T for National trainer in HIV & IYCF Counseling (8-20 & 24-30, Nov), (2005)

National Trainings

- HIV Training to Aayush Doctors; by DSACS, GNCT. (2002).
- RNTCP Trainings Govt of NCT Delhi. (2003-07)
- Trainings on Child Trafficking, IMA & UNICEFF, (2010).
- Food & Nutrition Board Trainings. (2006-2008), (2013-19).
- NIPCCID- Vertical Training Program & Induction training. (2017-19)
- RCH Trainings, MOHFW, GNCT, Delhi, for LHV's/PMS (2001-06) & for Specialists SRs Doctors. (2014-15)
- IDSP, Field Epidemiology Training Program (FETP) (2008 & 2011).
- IMNCI Training by GOI, WHO & UNICEFF
- 'Strengthening IYCF in Pre-Service IMNCI' (2007,2011& 2012),
- 'FIMNCI' (2011),
- IMNCI & Supportive Supervision, (2009) &
- IMNCI (2008) by GOI, WHO & UNICEFF.

IYCF Counselling (The 4 in 1 Training Course) by Govt of India, & BPNI /IBFAN-Asia Pacific/UNICEF/NIPITOT

- for (MLTs) under NRHM-Bihar (2013-2014), Haryana (2006,2013,2014). Punjab (2009-2013), Rajasthan (2012), Uttaranchal (2006). MP (2004)
- UCMS & GTBH (2007 to 2019),
- LHMC-(2013&2008), Era Medical College Lucknow (2011& 2008)
- By GNCT & DFWTC-(2007-2018),
- In a CME for Teachers by Amraz-e-NiswanwaAtfal, with Ministry of AYUSH& AMU 2019

MIYCN -Training

- Many Faculties orientation Workshop on MIYCN Integration in UG's course curriculum &
 - Many Trainings for health professionals in service delivery for integrating MIYCN services in their function by Alive & Thrive & Directorate General Medical Education (2019)
9. Participated in Outbreak Investigation of Measles in an Urban Slum of Delhi, India, 2014 & presented in a conference as Official Co-Author for Abstract India EIS Programme, NCDC.
 10. Established the first Lactation Support & Management Centre in the community (at UHTC, Gazipur)2004 & Celebrated WBW since then. Received WBW "Best Celebration" in 2018 & certificate of achievements in 2019 by BPNI & IBFAN.

6. Projects-

a. Ongoing

• **b. Completed**

Title-

Amount Sanctioned

S. No	Title	Funding agency	Period From - To	Grant in Rs
	Participated in a Project on - Strengthening the service delivery and institutional mechanism with a focus on first 1000 days of life, by Alive & Thrive (a global initiative, managed by Family Health International (FHI360), IAPSM (MIYCN Chapter) under NITI Aayog's leadership. (Included in NITI Aayog, GOI's "HEALTH & NUTRITION - PRACTICE INSIGHTS (Vol-II)")	Funding Agency -Alive & Thrive (a global initiative, managed by Family Health International (FHI360), the Bill & Melinda Gates Foundation		

7. Publications*:

a. Indexed journals

1. A.Gupta ,S.Gupta.Prevalence of Iron deficiency anaemia in healthy adolescent girls from low to medium socio-economic strata living in one of the fastest developing economies. *British Journal of Haematology* April 2018;181(1):167-168.
2. Neelima Thakur¹, Anita Gupta², Pragti Chhabra^{2*}, Jai P. Dadhich¹.A study of determinants of infant feeding practices in a resettlement colony of Delhi, India I. *Int J Community Med Public Health*. 2016 Dec;3(12):3357-3363 <http://www.ijcmph.com>
3. Neelima, T., Pragti, C., Dadhich, J. P., Anita, G., & Vibharika, C. (2016). To assess the prevalence and factors determining timely initiation of breastfeeding among the mothers in resettlement colony in Delhi. *Indian Journal of Child Health*, 3(2), 147-153. <https://doi.org/10.32677/IJCH.2016.v03.i02.015>
4. Anita Gupta, Pragti Chhabra. Infant and young child feeding practices and its determinants in an urbanized village of Delhi. *International Journal of Medicine and Public Health*, Vol 5 | Issue 3 | Jul-Sep 2015 www.ijmedph.org

5. *Gupta A, Chhabra P.* Infant and Young Child Feeding Practices and its Determinants in an urbanized village of Delhi. *Int. J Med Public Health* 2015; 5:228-31.
6. *Upadhyay M, Chhabra P, Kannan A T, Gupta A.* Coverage of Typhoid VI Polysaccharide Vaccine and Prevalence of Typhoid Fever in Children Aged 2 - 5 Yrs in Two Urbanized Villages of East Delhi. *International Journal of Contemporary Medicine.* 2014; 2:2.
7. *Khan AM, Kayina P, Agarwal P, Gupta A, Kannan AT.* A study on infant and young child feeding practices among mothers attending an urban health center in East Delhi. *Indian J Public Health* 2012; 56:301-4
8. *Gupta A, Chhabra P, Kannan AT, Sharma G.* Determinants of utilization pattern of antenatal and delivery services in an urbanized village of East Delhi. *Indian J Prev Soc Med* 2010; 41:237-239
9. *Chhabra P, Nair P, Gupta A, Sandhir M, Kannan AT.* Immunization in Urbanized Villages of Delhi. *Indian J Pediatr* 2007; 74: 131-134
10. *Sharma AK, Gupta A, Aggarwal OP.* HIV / AIDS related knowledge, risk perception, attitude and sexual behavior of working women staying in hostels of Delhi: *Indian Journal of Dermatol Venereol. Lepr* 2001; 67:21-24
11. *Grover V, Aggarwal OP, Gupta A et al.* Effect of daily and Alternate day Iron and Folic Acid supplementation to pregnant females on the weights of the new borns. *Ind J Community Medicine* 1998; 17(4):165-67
12. *Grover V, Parveen Kumar, Gupta A et al.* Effect of daily and Alternate day Iron and Folic Acid supplementation to pregnant females on Haemoglobin Level. *Health and Population –Perspective and Issues, Journal of NIHF, New Delhi.* 19(4):157-164, 1996 1998; 17(4):165-67
13. *Gupta A, Kannan AT, Sharma AK.* Fertility pattern and its determinants in a rural village of East Delhi. *Ind J PSM*, 1997; 28(1&2):1-6
14. *Gupta A, Kannan AT, Sharma AK.* Factors Influencing Acceptance of Contraceptive Methods. *Ind J Community Health*, 1997; 9(1):39-42
15. *Bansal AK, Gupta A.* Some factors in Women's Health :Agenda for legislation. *International Conference on Global Health Law.* 5-7 July, 1997. New Delhi
16. *Aggarwal OP, Kumar R, Gupta A, Tiwari R.* Utilization of Ante Natal Care Services in Peri-Urban Area of East Delhi 1991. *Indian J Community Medicine*, 1997; 22(1):29-32
17. *Aggarwal OP, Sharma AK, Gupta A, Tiwari RS.* A cohort study of children born during 1991 in an East Delhi Urban Village –Part 1: Profile of Infants. *Indian Journal of Community Medicine.*

18. Aggarwal OP, Sharma AK, **Gupta A**, Tiwari RS .A cohort study of children born during 1991 in an East Delhi Urban Village –Part 1I:Profile of Infants.. Ind J Community Medicine.
19. Aggarwal OP, Sharma AK, **Gupta A**, Tiwari RS. A cohort study of children born during 1991 in an East Delhi Urban Village –Part 1II: Profile of Infants. Ind J Community Medicine.

b. Other journals

c. Book chapters

d. Books

e. Others