# 1. Personal details:

Name: Dr. Ashok Kumar Saxena

Designation: Prof. & Head

Degrees: MD, DA, FAMS, FICA

Department: Anaesthesiology, Critical care and Pain Medicine

Areas of interest:

• Chronic Pain, Cancer Pain & Acute Postoperative Pain.

• Obstretric Analgesia and Anaesthesia.

• Depth of anaesthesia and evoked potentials in anaesthesia.

**2. Education and Trainings:** (in ascending order)

Degree	Institution	Place	Period
MBBS	Maulana Azad Medical College, New Delhi	University of Delhi	1974-1979
DA(Anaes)	Maulana Azad Medical College, New Delhi	University of Delhi	1982-1983
MD(Anaes.)	Maulana Azad Medical College, New Delhi	University of Delhi	1983-1985
FAMS	National Academy of Medical Sciences,	NAMS	2003
FICA	Indian College of Anaesthesiologists	ICA	2013

**3. Experience:** (ascending order)

S. No.	Post	Institute	Period
			From – To
1.	Junior Resident – DA (Diploma	Maulana Azad Medical College, New Delhi	1/5/82 to
	Anaesthesia)		30/4/83
2.	Junior Resident – MD	Maulana Azad Medical College, New Delhi	1/5/83 to
	(Anaesthesia)		1/5/85
3.	Senior Resident (Anaesthesia)	Maulana Azad Medical College, New Delhi	2/5/85 to
			3/8/87
4.	Lecturer (Anaesthesia)	University College of Medical Sciences &	3/8/87 to
		GTB Hospital	2/8/89
5.	Senior Lecturer (Anaesthesia)	University College of Medical Sciences &	3/8/89 to
		GTB Hospital	2/8/91
6.	Reader (Anaesthesia)	University College of Medical Sciences &	3/8/91 to
		GTB Hospital	2/8/99
7.	Professor (Anaesthesia)	University College of Medical Sciences &	3/8/99 till
		GTB Hospital	Date
8.	Head of University Department	University College of Medical Sciences &	Apr. 2009 to
	(FMS, DU)	GTB Hospital	October 2012
9.	Head of department	University College of Medical Sciences &	28/02/2017
	(Anesthesia)	GTB Hospital	till Date

4. Assignments in Academic Associations

S. No.	Nature of assignment	Association	Period From – To
1.	Member scientific committee	For International Association for Study of Pain (IASP)'s 15th World Congress on Pain, held at Buenos Aires, Argentina 2014.	2013-2014
2.	Past President	ISA (Indian Society of Anaesthesiologists) Delhi Chapter	2017-2018



3.	Hon. Secretary	ISA (Indian Society of Anaesthesiologists)	2013-2017
		Delhi Chapter	
4.	Vice President	Indian Society for Study of Pain (ISSP).	2020-2022
5.	Past Hon. Secretary	Indian Society for Study of Pain (ISSP).	2012-2015
6.	Past Chief Executive editor	Indian Society for Study of Pain (ISSP).	2008-2012
	Indian Journal of Pain		

#### 5. Awards and Honours:

- 1. Vice Chancellor, Prof. P. C. Joshi, University of Delhi, awarded felicitation award to Dr. Ashok Kumar Saxena on the occasion of Doctor's Day, 1<sup>st</sup> July 2021, **in recognition of exemplary services for COVID-19 ICU patients** as frontline warrior during COVID-19 pandemic.
- 2. **As faculty for** "Presidential Oration" at ISA North Zone Conference, held at Amritsar on 21<sup>st</sup> -23<sup>rd</sup> February 2020.
- 3. **As faculty for** "Guest Lecture on Role of Botulinum-A Toxin in Management of Myofacial Pain Syndrome" at Annual Conference of IASP, held on 14<sup>th</sup> -16<sup>th</sup> February 2020, at Ahmedabad.
- 4. **As faculty** for 3 Guest Lectures & Chairing of Session during "PG Aneasthesia Refresher Course" held at UCMS on 21<sup>st</sup>-25<sup>th</sup> December 2019.
- 5. **Dr Ashok Kumar Saxena** delivered "Dr. A. Bhattacharya Oration on Excellence in Pain Research and Pain Management" on 7<sup>th</sup> December, 2019 during India Pain Update held on 7<sup>th</sup> 8<sup>th</sup> December, 2019 at Le Meridien Hotel, New Delhi, India.
- 6. **As faculty for a** Guest Lecture on "Persistent Pain in Cancer Survivors" during ISACON –East Zone Conference held at Bhubaneswar held on 18<sup>th</sup> -20<sup>th</sup> October, 2019.
- 7. **As faculty at** ICACON 2019 11<sup>TH</sup> NATIONAL and 1<sup>st</sup> International Conference of Indian College of Anesthesiologist (ICA) held at Le Meridian, Delhi on 6<sup>th</sup>- 8<sup>th</sup> September 2019.
- 8. **As faculty and Chairperson** at International CME and Workshop on the occasion of World Anaesthesia Day for "USG Guided Nerve Blocks in Children" held at Super Speciality Hospital and Post Graduate Teaching Institute (SSPH & PGTI) Noida, held on 16<sup>th</sup> October 2019.
- 9. As faculty for "Case Discussion" for Post graduates at MAMC Anaesthesia Updates on 1<sup>st</sup> September 2019.
- **10. Dr Ashok Kumar Saxena delivered "Past President Oration"** on 13<sup>th</sup>. April.2019 during the annual conference of ISA Delhi Chapter held on 12-14 April, 2019, New Delhi.
- 11. Dr Ashok Kumar Saxena organized a 2 days CME on "Critical Care-A Paradigm Shift" at University College of Medical Sciences on 19<sup>th</sup> -20<sup>th</sup> January, 2019.
- **12. Dr Ashok Kumar Saxena awarded membership of** the 'Fellowship Awards & Grants committee of International Association for Study of Pain '(IASP), USA for 2018-2020.
- **13. Dr Ashok kumar Saxena delivered guest lectures,as invited faculty at the Annual Conference of ISA National (ISACON 2018)** on 27th-29th November,2018 at Agra.and a Guest Lecture at the Annual conference of AOA (Association of Obstetric Anaesthesiologist) 2018 held at Jodhpur, on 30<sup>th</sup> Sept. 2018, & at the Annual conference of NAMS( National Academy of Medical Sciences) held at Puducherry, on 26th 28<sup>th</sup> October, 2018 & INDIA PAIN UPDATE 2018 held on 1<sup>st</sup> -2<sup>nd</sup> December at New Delhi & as invited faculty at MAMC Anesthesia update PG refresher course held

on  $30^{th}$  August  $-2^{nd}$  Sepmeber, 2018 & delivered a guest lecture during the CME on Critical care - A paradigm shift, held on  $19^{th}$   $-20^{th}$  January 2019 at UCMS Delhi & invited faculty at Annual conference of Indian society for study of pain (ISSPCOM-N 2019) at Bangaluru, on  $1^{st}$   $-3^{rd}$  February 2019 & invited faculty for PG assembly 2019 under the aegis of Indian College of Anesthesiologist(ICA) held at DMC, Ludhiana , on  $21^{st}$  February 2019 and invited faculty at MAMC for CME on "Change trend in Obstetric Anesthesia, Anesthesiologist and high risk parturient" held on  $16^{th}$  March 2019

- 14. Presented a research paper on post herpatic neuralgia and moderated a session as invited faculty on "Systematic Reviews in chronic pain" during the 17th World Congress on Pain held at Boston, USA on 12<sup>th</sup> -16<sup>th</sup> September 2018
- 15. Dr Ashok Kumar Saxena nominated and elected as President of ISA North Zone for 2018-20.
- 16. Dr Ashok Kumar Saxena nominated and elected as President of ISA Delhi Chapter for 2017-18
- 17. **Dr. Ashok Kumar Saxena** successfully organized (as the organizing secretary) the 57<sup>th</sup> Annual conference of ISACON Delhi 2018 and 17<sup>th</sup> North Zone ISACON- 2018, held at NASC Complex, PUSA, New Delhi, on April 13-15<sup>th</sup>,2018
- 18. **Dr. Ashok Kumar Saxena** successfully organized (as the organizing secretary) World Anaesthesia Day Celebrations on 15<sup>th</sup> October 2017 at main auditorium MAMC, New Delhi and this included a walkathon (along with a large no. of members of ISA Delhi Chapter) for public awareness about anaesthesia, pain medicine and critical care.
- 19. **Dr. Ashok Kumar Saxena** invited as a subject expert for selection of Asstt. Professor Anaesthesia, at UPSC in June 2017, at Ambedkar Medical college Rohini in Nov. 2017, at PGIMS Rohtak in Jan. 2018 and ESI Medical College Faridabad in March 2018.
- 20. **Dr. Ashok Kumar Saxena** organized and conducted **Postgraduate assembly-ISA North Zone on August 21-27, 2017** and delivered 3 lectures during the PG assembly held at University College of Medical Sciences and GTB Hospital, University of Delhi.. Delhi
- 21. **Dr. Ashok Kumar Saxena d**elivered invited guests lectures during annual conference ISACON Delhi 2017 held at Scope complex, Lodhi Road, New Delhi, on April 8 -9, 2017, and at International conference on Pain, held at Goa, in September, 2017 and at Annual Conference on Pain ISSPCON 2018 held at Raddison Hotel, Mahipalpur, New Delhi, on February 1-4, 2018
- 22. **Dr Ashok Kumar Saxena** awarded "Certificate of Appreciation" by ISA National for creating extensive public awareness about anesthesia and pain management on world anesthesia day, 16<sup>th</sup> October, 2016.
- 23. Dr Ashok Kumar Saxena invited to deliver a lecture on "Understanding Mosaic of Pain" at the Annual National Conference of ISSP, held at Jaipur, Rajasthan on 03-05<sup>th</sup> Feb. 2017
- 24. **Dr Ashok Kumar Saxena** invited as a faculty for panel discussion on Complications **of "Regional anesthesia"**, during **ISACON 2016** held on **25-29 Nov, 2016**, at Ludhiana, Punjab
- 25. **Dr Ashok Kumar Saxena** invited by **AMU**, **Aligarh**, on 5<sup>th</sup> August, 2016 as a subject expert for selection of Faculty and promotional Interviews in Anaesthesiology.
- 26. **Dr Ashok Kumar Saxena** invited by **BHU**, **Varanasi** on 12<sup>th</sup> March 2016 as a subject expert for selection of Faculty and promotional Interviews in Anaesthesiology.

- 27. Nominated by International Association for Study of Pain (IASP), USA, as a global member of the committee of committees' (COC) for 2014-2017 for global issues relevant to the advancement of the therapeutics of chronic pain and cancer pain and for initiatives on the themes for "Global year against pain."
- 28. Nominated in July, 2016 to "Bureau of Indian Standards", New Delhi, as subject expert in the field of Anesthesiology, Pain Medicine and Critical care.
- 29. Nominated as a member of the committee for drafting SOPs (for all 38 government hospitals under Government of Delhi) for Pre Anesthetic Check-Up, Operation theatres, Post-Anesthesia Care Unit, Immediate post operative wards, and Pediatric anesthesia
- 30. Recently awarded "STATE AWARD" on 20<sup>th</sup> Oct. 2015, by Hon. Dy. CM, Sh. Manish Sisodia, and Health Minister, Sh. Satyendar Jain, Govt. of Delhi, in recognition of significant contribution towards advancement of the basic understanding, clinical management, public awareness and research in the field of pain management in acute pain, chronic pain and cancer pain.
- 31. Served as **Hon. Secretary "INDIAN SOCIETY OF ANAESTHESIOLOGIST"**, **Delhi** Chapter since April 2013 to April 2017..
- 32. Nominated as the Convenor for the meeting of Pain experts for "Consensus statement on role of Tricyclic Antidepressants in chronic neuropathic pain in India" in 2015
- 33. Successfully organized International Neuropathic Pain Update 2015 In collaboration with "International Association for Study of Pain, Washington, USA, at India Habitat Centre, Lodhi Road, New Delhi on 7th Nov. 2015."
- 34. Nominated by International Association for Study of Pain (IASP), USA, as member of Scientific program committee, for the 15<sup>th</sup> WORLD CONGRESS ON PAIN, held on October 7-11, 2014 at Buenos Aires, Argentina
- 35. Awarded FICA (Fellow of Indian College of Anaesthesiologist) in 2014.
- 36. Organized CME on:" Recent Advances in basic understanding and Therapeutics of Visceral Pain "in April, 2013 at New Delhi, India
- 37. Initiated "Pain awareness and Pain education" and "awareness of anaesthesia for layman" through All India Radio, New Delhi, Radio Mirchi, and Delhi Doordarshan.
- 38. Awarded the "Academic award of Excellence" by Delhi Medical Association, New Delhi, India during the 55<sup>th</sup> Annual Delhi state Medical Conference held on 6<sup>th</sup> Jan 2013.
- 39. Selected as **Expert Review Member of WHO Panel** (Geneva, Switzerland, April 2008 and March 2012) for reviewing and updating "**WHO Guidelines**" on chronic pain management, cancer pain management and pediatric pain management.
- 40. Selected as **Expert Review member by Smile Train Organization**, **New York**, **USA** (in March 2008 and August 2011, Sept. 2014 and Jan. 2016) for Designing and Framing of Safety Audit Protocol in Anesthetic Management of Cleft Surgeries, with an objective of **Global Implementation of the Protocol on Safety Audits in Anesthesia for cleft lip and cleft palate surgeries.**
- 41. Selected as a **Core Member by WHO Sponsored Teaching Module on Prevention and Control of Injury** for UG Medical Education Curriculum. I contributed as a core member for training of trainers

- team for implementation in 8<sup>th</sup> semester MBBS students' education curriculum at Lady Hardinge Medical College and University College of Medical Sciences, Delhi, India
- 42. Contributed Significantly towards the development of "Indian Society of Anesthesiologists" Guidelines 2011 for Acute Pain Management in India" in the capacity as one of the eminent anesthesiologist invited by Indian society of anesthesiologist
- 43. Awarded **RECOGNITION** of Membership of International Association for Study of Pain (IASP), Washington, USA as an outstanding, by the President of IASP in 2010 and 2016
- 44. Awarded **RECOGNITION** of Membership of International Association for Study of Pain (**IASP**), **Washington**, **USA** as an outstanding, by the President of IASP in 2010 and 2016
- 45. **Delivered Dr B G Tambe memorial Oration** during the annual conference of Nagpur city branch of ISA, held on Jan, 2012.
- 46. Contributed as Hon. Secretary of "INDIAN SOCIETY FOR STUDY OF PAIN (ISSP)" (Indian Chapter of IASP) during 2012-2015.
- 47. Selected as **Chief Executive Editor** (Jan 2008 to Feb. 2012) of the "**Indian Journal of Pain**", an official Journal of the "Indian Society for the Study of Pain".
- 48. Awarded Scroll of Honor by UCMS Alumni for outstanding meritorious services of highest standards for the cause of Medical Profession & incomparable contribution to humanity on 4<sup>th</sup> Sept , 2011
- 49. Functioned as **Institutional Ethical committee member** of the ethical committee meetings at Patel Chest Institute, University of Delhi, from 2009 to 2017
- 50. In recognition of significant contribution for the advancement of Medical Sciences, I was elected as Fellow of the National Academy of Medical Sciences (India) (FAMS) in 2003
- **51.** The prestigious "**T N Jha Award**" for the best research paper, under my guidance and supervision, (on a national basis, during annual conference ISACON held every year from Dec, 26 to Dec 29) has been awarded to four of my postgraduate MD students in the years **Dec. 2007**, **Dec. 2009 and Dec. 2012**, and **Dec. 2015**.
- 52. Awarded "KOP's Award" in December 2003 for best free paper in "Pain Management" section and in Dec 2001 in "Clinical Pharmacology section", at National Annual Conferences of ISA.
- 53. Awarded "Bhojraj Award": on 29th December, 2003 for the Best Review Article in Indian Journal of Anesthesia.
- 54. Selected as **advisory panel member by National Academy of Medical Sciences**, India for selection of nominees for FAMS, MAMS in Anesthesia
- 55. Awarded **WHO Fellowship on "Pain Management"** at Churchill Hospital, Oxford and Guy's Hospital, London, in 1997.

# 6. Projects:

a. Ongoing

b. Completed

S. No.	Title	Funding agency	Period From – To	Grant in Rs

#### 7. Publications:

#### a. Indexed Journals

- 1. **Saxena AK**, Bhardwaj N, Chilkoti G, Malik A, Thakur GK, Bajaj M, Banerjee A, Banerjee BD, Singhal A. Modulation of mRNA expression of IL-6 and mTORC1 and efficacy and feasibility of an integrated approach encompassing cognitive behavioural therapy along with Pregabalin for management of neuropathic pain in Postherpetic Neuralgia: A pilot study. Pain Medicine. 2021/doi.org/10.1093/pm/pnab142.
- 2. Shaboo SS, **Saxena AK**, Choudhary S, Banerjee A, Behl A. Redefining the efficacy of USG guided pudendal nerve block in pudendal neuralgia in the vulnerable section of the society. Accepted for publication in Indian J Pain 2021.
- 3. Choudhary S, Sonkar M, **Saxena AK.** A care report of sporadic Creutzfeldt-Jakob disease in an Asian origin Coronavirus disease-19 patient: An enigma. Indian Journal of Case Reports. 2021 June;7(5):188-190.
- 4. Kapoor R, Verma K, Choudhary S, **Saxena AK**. Floating Thrombus in the Arch of Aorta: A diagnostic dilemma in coronavirus disease 2019. Indian Journal of Case Reports. 2021 Apr;3:118-121.
- 5. **Saxena AK,** Khrolia D, Chilkoti GT, Gondode PG, Sharma T, Thakur G, Banerjee BD. Modulation of the extracellular Signal-Regulated Protein Kinase and Tissue Inhibitors of Matrix Metalloproteases-1 Gene in Chronic Neuropathic Pain. Accepted for publication in Indian J Palliat Care 2021.
- 6. Chilkoti GT, Malik A, Mohta M, **Saxena AK**. Hydroxycholoroquine in COVID-19 patients on chronic Pregabalin therapy- Is it safe? ID JOACP\_587\_20 is accepted for publication in Journal of Anaesthesiology and Clinical Pharmacology 2021.
- 7. **Saxena AK,** Khrolia D, Chilkoti GT, Malhotra RK. Validation of Complete Hindi Version of DouleurNeuropathique 4 Questionnaire for assessment of Neuropathic Pain. IJPC\_340\_20. Accepted for Publication In Indian J Palliative Care 2021.
- 8. **Saxena AK**, Choudhary S, Usmani H. "Comeuppance of adult cancer pain in contemporary modern times: The dawn of a new era of understanding". Indian J Pain. 2020:35(1); 1-3. DOI: 10.4103/ijpn.ijpn\_27\_21.
- 9. Choudhary S, **Saxena AK**, Bajaj M, Banerjee A. A comprehensive review of complications following ultrasound-guided blocks: "Continue D'avancer" Indian J Pain: 2020;34(3):160-163
- Kaur N, Kumar R, Jain A, Saxena AK. Sensory changes and Postmastectomy Pain following preservation of intercostobrachial nerve in breast cancer surgery: a prospective randomized study. Indian J Surg Oncol 2020;1193-1195 doi http://doi.org/10.100/s 13193-020-01193-5
- 11. Chilkoti GT, Agarwal M, Mohta M, **Saxena AK**, Sharma CS, Ahmed Z. A Randomized Preliminary Study to Compare the Performance of fibreoptic bronchoscope and Laryngeal Mask Airway CTrach (LMA CTrach) for visualization of laryngeal structures at the end of thyroidectomy. Ind J Anaesth 2020 Aug;64(8):704-709. doi: 10.4103/ija.lJA\_138\_20.
- 12. Chilkoti GT, Jain N, Mohta M, **Saxena AK**.Perioperative concerns in Pott's spine: A review. J Anaesth & Clin Pharm. 2020 Aug;36(4):443-449 doi10.4103/joacp.JOACP\_167\_19N2

- 13. **Saxena AK**, Malik A. The dawn of a new era on research on precision medicine for pain and the scope of diagnostic biomarkers: Is it a "neurologic pain signature" and is it construct validation?? Indian J Pain 2020;34:1-2.doi: 10.4103/ijpn.jpn\_31\_20
- 14. Saxena A, Kapoor R, **Saxena AK**. A Unique Presentation of Posterior Reversible Encephalopathy Syndrome. Journal of Anaesthesia and critical care case reports. 2020;6(1):22-24
- 15. **Saxena AK**, Choudhary S, Gaur D. "Abdominal pain" in COVID-19 patients: A conundrum for the pain physician. Indian J Pain. 2020:30(2);128-130. doi: 10.4103/ijpn.ijpn\_63\_20.
- 16. **Saxena AK**, Chilkoti GT, Singh A, Yadav G. Pregnancy-induced low back pain in Indian women: Prevalence, risk factors, and correlation with serum calcium levels. Anesth Essays Res 2019 April-June; 13: 395-402. (**Cited by 1**)
- 17. **Saxena AK.** PubMed Indexing of Indian Journal of Pain: Too Much in the Way of Expectations or Too Little in Terms of Original Scientific Research Data. Indian J Pain 2019;33:48-49
- 18. Chopra AK, Bajaj M, **Saxena AK**, Talwar H, Yadav N, Chilkoti GT. Pulsed Radiofrequency Lesioning at Multiple trigger Points around the scar for management of Chronic Persistent Postsurgical pain following Total Abdominal Hysterectomy and Laprotomy. Indian J Pain 2019;33:109-111 doi: 10.4103/ijpn.ijpn\_22\_19
- 19. Chilkoti GT, Kumar M, Mohta M, Saxena AK, Sharma N, Singh J. Comparison of postoperative analgesic efficacy of low –dose bolus intravenous dexmedetomidine and intraperitoneal dexmedtomidine with bupivacaine in patients undergoing laparoscopic cholecystectomy: A randomised, controlled trial. Indian J Anaesth 2019;Feb.;63(2):106-113.
- 20. Chilkoti GT, Singh A, Mohta M, **Saxena AK.** Perioperative stress dose of corticosteroids: Pharmacological and Clinical Perspective J Anaesthesiol Clin Pharmacol 2019: 35: 147-52
- 21. Saxena AK, Jain PN, Bhatnagar S. The prevalence of chronic pain among adults in India. Indian J Palliat Care 2018; 24(4):472-477 (Cited by 7)
- 22. **Saxena AK**, Jain PN, Dureja GP, Venkitachalam A, Goswami S, et-al Pharmacological management of neuropathic pain in India: A consensus statement from Indian Experts. Indian J Pain 2018 Dec.; 32(3): 132-144 doi: 10.4103/ijpn.ijpn\_47\_18
- 23. Nath Shivika, **Saxena AK**. An unusual flight-associated occipital headache. Neurosciences (Riyadh) 2017; Jan; 22(1):65-66 doi: 10.17712/nsj.2017.1.20150511. **(Cited by 2)**
- 24. Chaurasia M, **Saxena AK**, Chilkoti GT. Comparison of epidural butorphanol with neostigmine and epidural sufentanyl with neostigmine for first stage of labor analgesia: A randomized controlled trial. Anesth Essays Res 2017; 11 (April June): 365-371
- 25. Chilkoti GT, Mohta M, Karthik G, **Saxena AK**. Absent Uvula: What Mallampati Class? Indian J Anaesth 2017; 61: 85-6.
- 26. Chilkoti GT, Mohta M, **Saxena AK**. Preliminary experience with LMA CTrach for assessment of glottic structures during thyroidectomy. Anaesth Intens Care 2016; 44(6): 785-86.
- 27. **Chilkoti G**, Mohta M, Wadhwa R, **Saxena AK**, Sharma CS, Shankar N. Students' satisfaction to hybrid problem-based learning format for basic life support/advanced cardiac life support teaching. Indian J Anaesth. 2016 Nov; 60(11):821-826.

- 28. Chilkoti GT, Mohta M, Duggal S, **Saxena AK**. Anaesthetic concerns of a pregnant patient with Pott's spine for spine surgery in prone position. Ind J Anaesth; 2016; 60: 518-9
- 29. **Saxena AK**, Chilkoti GT, Chopra A, Banerjee BD, Sharma T. Chronic Persistent Post-Surgical Pain Following Staging Laparotomy for Carcinoma of Ovary and its Relationship to Signal Transduction Genes. Korean J Pain .2016 Oct;29(4):239-248. (**Cited by 9**)\
- **30.** Chilkoti GT, **Saxena AK**. Anaesthetic management of unstable cervical spine -Is LMA CTrach a right choice? Journal of American Association of Nurse Anaesthetist 2016; 84: 280-282.
- 31. Chilkoti GT, Mohta M, **Saxena AK**. Anaesthetic concerns with intramyometrial vasopressin during myomectomy. . Ain-Shams Journal of Anesthesiology 2016, 09:452–454.
- 32. **Saxena AK**, Lakshman K, Sharma T, Gupta N, Banerjee BD, Singal A. Modulation of serum BDNF levels following an integrated multimodal approach using pulsed radiofre quency lesioning of intercostal nerve and pregabalin in thoracic postherpetic neuralgia: a randomized , double blind controlled study. **Pain** Management 2016 May;6(3):217-27. doi: 10.2217/pmt.16.3. Epub 2016 Mar 30.PMID:27094801 (**Cited by 6**)
- 33. Nasare NV, Banerjee BD, Deshmukh PS, Mediratta PK, **Saxena AK**, Sambit, Ahmed RS, Bhattacharya NS.CYP2D62 Polymorphism as a Predictor of Failed Outpatient Tramadol Therapy in Post Herpetic Neuralgia Patients. Am J Ther. 2016 May-Jun;23(3):e697-707. doi: 10.1097/MJT.0b013e31826fc491. PMID: 23567787.
  - 34. Chilkoti G, Wadhwa R, **Saxena AK**. Technological advances in perioperative monitoring: Current concepts and clinical perspectives. J Anaesthesiol Clin Pharmacol. 2015;31(1):14-24.
  - 35. Chilkoti G, Wadhwa R, **Kumar A**. Status of problem based learning in postgraduate anesthesia teaching: A cross-sectional survey. Saudi J Anaesth. 2015; 9(1): 64-70.
  - 36. Shivika Nath, Ruchi Kapoor, **Ashok Kumar Saxena**. Successful management of Achondroplastic Dwarf for emergency caesarean section using intrathecal clonidine. Journal of Anaesthesia and Critical Care Case Reports. 2015; 1: 9-11.
  - 37. **Ashok K Saxena**, Shivika Nath and Ruchi Kapoor.. Diabetic Peripheral Neuropathy: Current Concepts and Future Perspectives. Journal of Endocrinology and Diabetes 2015; 2 (5): 1-18 9 (**Cited by 5**)
  - 38. Wadhwa R, Chilkoti G, **Saxena AK**. Current clinical opinion, attitudes and awareness of interns regarding post-opeartive and cancer pain management in a tertiary care centre. Indian J Palliat Care 2015; 21(1): 49-55. (Cited by 7)
  - 39. Chilkoti G, Wadhwa R, **Saxena AK.** Technological advancement in perioperative monitoring: Current concept and clinical perspectives. J Anesthesiol Clin Pharmacol. 2015; 31 (1): 14-24.
  - Chilkoti G, Wadhwa R, Saxena A, Khurana P. Could pregabalin premedication predispose to perioperative atrial fibrillation in patients with sepsis? Saudi J Anaesth.2014;8(Suppl1):S115-6.PMCID: PMC4268509; PMID: <u>25538502</u>) (Cited by 2)
  - 41. Chilkoti G, Mohta M, Wadhwa R, **Saxena AK**. Problem-based learning research in anesthesia teaching: current status and future perspective. Anesthesiol Res Pract. 2014;2014:263948
  - 42. Dureja GP, Jain PN, Shetty N, Mandal SP, Prabhu R, Joshi M, Goswami S, Natarajan KB, Iyer R, Tanna DD, Ghosh P, **Saxena A**, Kadhe G, Phansalkar AA. Prevalence of Chronic Pain, Impact on daily life, and Treatment Practices in India. Pain Practice 2014;14(2):E51-E62 <a href="https://doi.ord/10.1111/papr.12132">https://doi.ord/10.1111/papr.12132</a> (**Cited by 62)**

- 43. **Saxena Kr. Ashok**, Nasare Namita, Jain Smita; Dhakate Gaurav, Ahmed SR, Bhattacharya N Sambit, Mediratta Kumari Pramod, Banerjee Basu Dev. A Randomized, Prospective study of Efficacy and Safety of Oral Tramadol in the Management of Post Herpetic Neuralgia in patients from North India. Pain Practice 2013 Apr.;13(4):264-275 https://doi.org/10.1111/j.1533-2500.2012.00583.x (**Cited by 16**)
- 44. Nasare N , Banerjee Basu Dev ,Deshmukh Pravin, Mediratta PK, **Saxena Ashok Kumar,** Ahmed Rafat S, Bhattacharya SN . CYP2D6 Gene Polymorphism and therapeutic efficacy following oral Tramadol and Pregabalin Medication for Management of Post Herpetic Neuralgia. American Journal of Therapeutics, 2013 doi:10.1097/MJT.0b13e31826fc491
- 45. Nasare N, Banerjee BD, Mediratta PK, **Saxena AK,** Ahmed RS, Bhattacharya SN. CYP2D6\*2 Polymorphism as a Predictor of Failed Outpatient Tramadol Therapy in Postherpetic Neuralgia Patients. American Journal of Therapeutics, 2016, May-June (3):e 697-707
- 46. **Saxena K A**, Mandhyan R. Multimodal Approach for the Management of Hunan Hand Syndrome: a Case Report. Pain Practice 2013; 13:227-230 ( Cited by 2)
- 47. **Saxena Kumar Ashok.** Failed Back Surgery Syndrome: Current Concepts, Evidence and Future Perspectives. Int J Perioper Ultrasound & App Technologies 2013; 2 (2): 64-69
- 48. Malhotra Dipti, **Saxena Kr. Ashok.**, Das A Sajjad, Kumar Vivek, Nasare Namita, Tripathi Ashok Kr., Banerjee Dev Basu. Evaluation of Cytokine Levels in Fibromyalgia Syndrome Patients and Its Relationship to the Severity of Chronic Pain. Journal of Musculoskeletal Pain 2012:20(3):164-169 2012:20(3):164-169 doi: 10.3109/10582452.2012.704141 (Cited by 13)
- 49. Nasare Vilas Namita, Suryakant Rao Praveen, Banerjee Basu Dev, Mediratta Kumari Pramod, Ahmed S Rafat, Mediratta Kumari Pramod, **Saxena Kumar Ashok**, Bhattacharya N Sambit. CYP2D6\*4 Polymorphysim, tramadol treatment & its clinical impact in patients with post herpetic neuralgia. Personalized Medicine 2012;9 (4):371-385. doi: 10.2217/pme.12.43 (Cited by 8)
- 50. **Saxena Kr. Ashok**. Passworld to the spiritual perspective of Meditation in Pain and Suffering. ISA Newsletter 2013, Vol.4(Aug.)
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  - 2. Editor for "Pain Management"
    - c. Others
      (Reverse chronological order, starting from most recent; ICMJE style)

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